

ACCESSORIES: NECKLACE MADE FROM T-SHIRTS



MATERIALS REQUIRED

A T-shirt and scissors.

DEGREE OF DIFFICULTY

Low.

APPROXIMATED TIME REQUIRED

About 20 minutes. The time depends on how many strips you want on your necklace.

LEARNING GOALS

Learn how to make trapillo yarn (T-shirt recycle fabric) and how to use it to make a necklace.

ABILITIES DEVELOPED

Attention, determination, fine handling, accuracy, hand-eye dexterity, memory, creativity.

STEP-BY-STEP INSTRUCTIONS

1. Cut the T-shirt on loops 2 centimetres wide. Do not use the hem of the lower part.



2. Take each one of the loops with two hands and stretch it. This way they roll over themselves and you will have a kind of round string. This is also known as trapillo yarn.



3. The finishing of our necklace can be made of many different ways:

- a) Join all the loops together by rolling a strip over them.
- b) Cut the loops and braid one of their endings adding another trapillo piece from a different colour.
- c) Braid all the strips and you will get a short necklace.



TIPS

You can add glass beads, feathers, chains, pieces of fabric, ribbons... This necklace is perfect to develop your creativity.